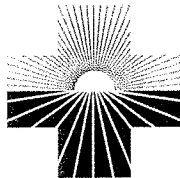


# *Caring for California's Heartland*



**Central Valley Health Network**



Central Valley Health Network

# Central Valley Health Network

The quality and volume of services provided by the community health centers in California's Central Valley is truly inspiring. From former gas stations and shacks in the middle of fields in the 1960s and 70s, eighty-one fully licensed facilities are now the medical homes to almost 400,000 individuals, most of whom who would be "medically homeless" otherwise. In an area often called the other California, an area that would be the second poorest in the nation if it were a state, with teenage birth rates among the highest in the country, where farmworkers suffer the effects of extended hard manual labor and exposure to pesticides, where too many children have never seen a toothbrush much less a dentist, health center staff work tirelessly and creatively. Many of them have been at it for 25 or 30 years.

Continuously searching for ways to expand and improve services, in 1998 the Central Valley community health center leadership acted on an idea that an organization specifically focused on the issues facing their centers and patients could benefit them all. The Central Valley Health Network was formed with a two-pronged mission – (1) advocate in all arenas for increased funding and other resources, and (2) develop programs for achieving operational efficiencies and cost savings through technical assistance, integration and collective purchasing.

Much has been achieved towards meeting the mission of the Central Valley Health Network since 1998. Over \$2.5 million in grants from the federal government and private foundations has been raised. With this funding, an office in Sacramento has been established and staffed. More than \$700,000 went directly to the members to help fund such services as outreach activities and medical and dental visits for uninsured patients. Programs have been started to assist members with information technology, corporate compliance, provider incentive program design, and financial monitoring. Peer groups of health center staff meet regularly to learn from each other. Two bills were introduced in the 2000 session of the California legislature; a successful luncheon was held in Washington, D.C. for staff of the California Central Valley Congressional delegation.

While the health care issues facing the "other Californians" in the Central Valley are longstanding and heartbreakingly severe, the community health centers will continue to provide care for the teenaged moms and their babies, the farmworkers, the poverty-stricken elderly, the young men struggling to avoid violence and drugs, the undocumented workers coming with hopes of a better life, and all the working families without health insurance. The Central Valley Health Network's hope is to provide meaningful and tangible assistance to our members.

Yvonne Bice  
Executive Director

## Board of Directors

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Bakersfield, CA

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Parlier, CA 93648

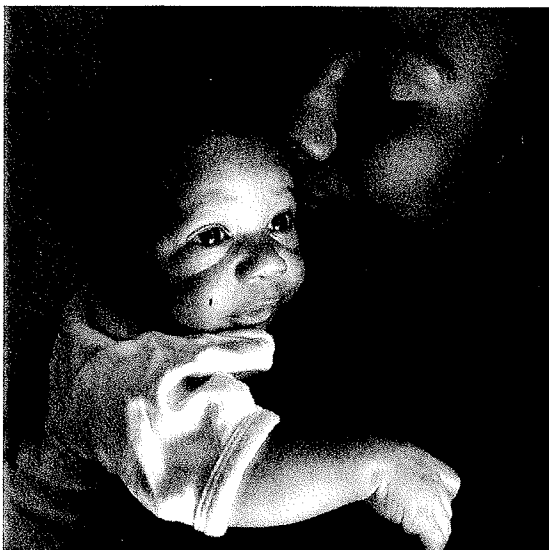
Sylvia Disney/CEO  
Valley Health Team  
San Joaquin, CA 93660

Wagih Michael, CEO  
National Health Services  
Buttonwillow, CA 93206

*"I continue to be amazed by the day-to-day, 365 of them, quality and culturally sensitive health care our employees provide to people in need. Our Board of Directors needs a pat on the back for their solid support and guidance to Golden Valley Health Centers over the past 29 years!"*

MIKE SULLIVAN, CEO  
Golden Valley Health Centers

# Member Centers



## Clinica Sierra Vista

With administrative offices now in Bakersfield, Clinical Sierra Vista is celebrating 30 years of providing high-quality and comprehensive primary and preventative health care services to the underserved populations of Kern and Inyo Counties. Beginning by providing services from a trailer in Lamont Park in 1971, Clinica Sierra Vista has grown to include 12 clinic sites with 25 additional service locations that offer services such as Women, Infants and Children (WIC), Behavioral Health, Comprehensive Prenatal Services, Mobile Medical and Dental Services, Family Life Education, Pregnant Teen Case Management, Specialized HIV/AIDS Clinic, Homeless Program, Black Infant Health, and the Neighborhood Partnership. (a collaborative effort in five separate communities to create grassroots solutions to local issues).

## Community Medical Centers

From its headquarters in Stockton, Community Medical Centers is a regional primary health care system serving San Joaquin, Yolo, Solano, and Calaveras counties. What began in the 1960's as a volunteer effort among local providers and community groups to bring health care, food, clothing and social services to migrant farmworkers and their families, has grown to include six clinic locations and two school-base programs, serving more than 30,000 patients each year. In addition to medical care services, Community Medical Centers offers health education, the WIC federal nutrition program, community outreach, HIV testing and treatment, community education and linkages to other critical social and support services.



*"We've expanded access at our Stockton center by adding physician time to evening and weekend schedules and increased our patient visits by 7% over ten months. We are most proud of our expanded services to farmworkers and their families by providing screening and preventative services at migrant labor camps."*

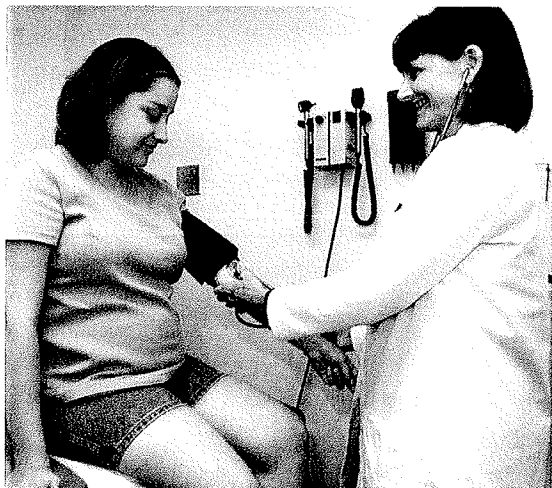
MIKE KIRKPATRICK  
CEO, Community Medical Centers

## **Darin M. Camarena Health Centers, Inc.**

Operational since 1980, Darin M. Camarena Health Centers in Madera is the largest comprehensive primary care provider within the County of Madera. Three service sites meet the primary health care needs of 17% of the total residents of southwestern Madera County, including more than 80% of the low-income families. Twenty-five percent of Madera County's pregnancies are cared for and prepared for safe delivery by Camarena Health's Centers capable staff. More than 60% of Camarena's patients are seasonal or migrant agricultural workers and their family members. Camarena provides preventive health care as well as chronic disease and acute illness management, including adult medicine, women's health, pediatric health care, diagnostic laboratory, and urgent care settings and services. Dental health services are the most recent primary care development

*"Del Norte Clinics made a major impact on the safety and well being of the children in the Yuba City/Marysville area by building a new facility in order to transfer the pediatric population when the Plumas Children's Center closed due to heavy financial losses."*

WILLIAM DENNEY  
CEO, Del Norte Clinics



## **Del Norte Clinics**

With 14 clinics serving the low-income and uninsured population of the northern Sacramento Valley, Del Norte Clinics provides quality health care including primary and limited secondary medical and dental care, preventive services, patient and community education, psychological services, and patient and community advocacy. Begun in 1964 as a medical care project for migrant farm workers, Del Norte today manages its clinics from headquarters in Yuba City. Medical and dental services are provided at facilities serving Butte, Colusa, Glenn, Sutter, and Yuba Counties.

## **Family HealthCare Network**

Family HealthCare Network opened two more clinic sites and moved its administrative offices to Visalia in the last year. Established in 1976, Family HealthCare Network provides care throughout Tulare County at its seven locations in Porterville, Visalia, Three Rivers, Springville, Culter-Orosi and Ivanhoe. Family HealthCare Network professionals work in teams that include Board certified and Board-eligible physicians, certified nurse midwives, physician assistants, nurse practitioners, licensed clinical social workers, nutritionists, health educators, and translators. Services provided include family practice, integrated complimentary alternative medicine, pediatrics, internal medicine, obstetrics/gynecology, radiology services, pharmacy services, health education and nutritional counseling and dental care.

## Golden Valley Health Centers

With its main campus in Merced, which houses administrative offices as well as medical and dental facilities, Golden Valley Health Centers sees more than 53,000 patients each year at its 15 clinic sites. After 29 years of service, Golden Valley Health Centers remains committed to improving the health status of its patients in Merced and Stanislaus Counties by providing quality managed primary health care services regardless of language, financial, or cultural barriers. Golden Valley's 15 medical sites provide family practice, internal medicine, pediatrics, obstetrics/gynecology, pharmacy, X-ray, mammography, laboratory services and urgent care. Dental services are provided at six of the clinic sites.



## Livingston Medical Group

Livingston Medical Group is a full-service health care resource serving northern Merced and southern Stanislaus Counties. Founded in 1970, Livingston Medical Group serves the communities of Livingston, Delhi, Stevinson, Hilmar, Cressey, and Ballico. Services provided included urgent care, family practice (pediatric care, immunizations, senior health care, disease management, nutrition and general health counseling) and women's health (family planning, on-site lab and X-ray, cancer screenings, and pre and post-natal care). LMG provides approximately 45,000 visits annually.

## National Health Services, Inc.

Buttonwillow is the site of National Health Services administrative offices as well as one of its six clinic sites. Since 1978, National Health Services has operated family-oriented care centers committed to providing the highest quality of care to patients in Kern County. With clinics in Buttonwillow, Lost Hills, Wasco, Taft, Delano, and Shafter, National Health Services offers general medical services, obstetrics, gynecology, family planning, pediatrics, internal medicine, mental health, immunizations, and urgent care. Additional services include dental care, clinical laboratory facilities, pharmacy services, and educational programs.

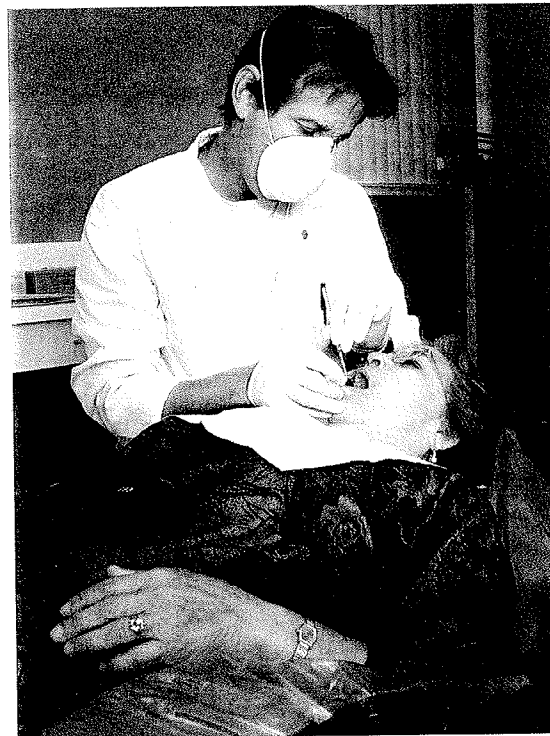
*"Over the past year, Family HealthCare Network celebrated its 25th anniversary. We are most proud of the fact that we have stayed true to our mission while continuing to be one of the fastest growing community health centers in the nation."*

HARRY FOSTER  
CEO, Family HealthCare Network



## Sequoia Community Health Foundation

For more than 23 years, Sequoia Community Health Foundation has provided expert, comprehensive, culturally sensitive and affordable health care at three clinic sites in Fresno. Sequoia's philosophy is that people have a right to have their basic health care needs met within a reasonable distance of their homes; that health and human services should be accessible, acceptable and affordable, and that the emphasis should be on promotion and prevention activities. Available services include family practice medicine, pediatrics, internal medicine, obstetrics/gynecology, cardiology, psychology, psychiatry, preventive care, family planning, immunizations and health education. Services are available seven days a week and weekday evenings.



*"We are proud to be here to serve our patients and proud to be part of CVHN. Our biggest accom-*

## Tulare Community Health Clinic

In March 2001, Tulare Community Health Clinic celebrated its sixth birthday. From ten patients on the first day, the health center in the city of Tulare now averages 250 patients per day, approximately 40,000 patient visits each year. All providers are board certified or board eligible. In addition to family practice, pediatrics, and general internal medicine, on staff are the following specialties: ENT, surgery, gastroenterologist, pulmonology, oncology, hematology, and gerontology. The medical support team includes a RN-C and two LVNs; all of the medical assistants are registered. Other services include a dental facility and three pediatric specialists with clinic hours four days per month.

## United Centers of the San Joaquin Valley, Inc.

Parlier is the headquarters for United Health Centers of the San Joaquin Valley which provides comprehensive medical, dental, and community health services to more than 80,000 residents of the 27 rural communities in Fresno, Kern, Kings, and Tulare Counties. The Center's seven facilities in Parlier, Orange Cove, Huron, Earlimart, Mendota, Kerman, and Sanger provide general and family medicine, general dentistry, pharmacy, laboratory and x-ray, and preventative medicine programs. The combined United Health Centers have nearly 100,000 medical, dental, or other service encounters a year.

# Center Patients

Central Valley Health Network*	No. of Patients	No. of Farmworks	No. of visits
Clinica Sierra Vista	60,893	39,111	200,872
Community Medical Center	32,423	6,4858	88,565
Darin M. Camarena	14,1100	8,524	43,952
Del Norte Clinics	54,811	20,742	185,277
Family HealthCare Network	65,458	45,820	182,460
Golden Valley Health Centers	53,340	24,000	169,054
Livingston Medical Center	12,914	8,911	41,762
National Health Services	22,452	12,349	182,335
Sequoia Community Health Foundation	20,356	8,341	64,315
Tulare Community Health Clinic	11,837	4,983	40,189
United Health Centers	33,888	20,333	92,000
Valley Health Team	12,321	4,334	31,197
<b>Total</b>	<b>394,793</b>	<b>203,933</b>	<b>1,321,978</b>

\*in 2000

## Mission Statement

*The mission of the CVHN is to provide the organizational structure required to enable member community health centers to be cost-effective and competitive in the changing health care marketplace while continuing to provide high quality, accessible health care to members of their respective communities, with special focus on advocating on behalf of and meeting the needs of the medically underserved.*

*The CVHN is a partnership among twelve community health center organizations, with a combined total of more than 80 clinical sites, operating in 17 separate Central Valley counties.*

### CVHN Staff

YVONNE BICE, *Executive Director*

ROD EDWARDS, *Chief Information Officer*

MICHELE DRIER, *Program Manager*

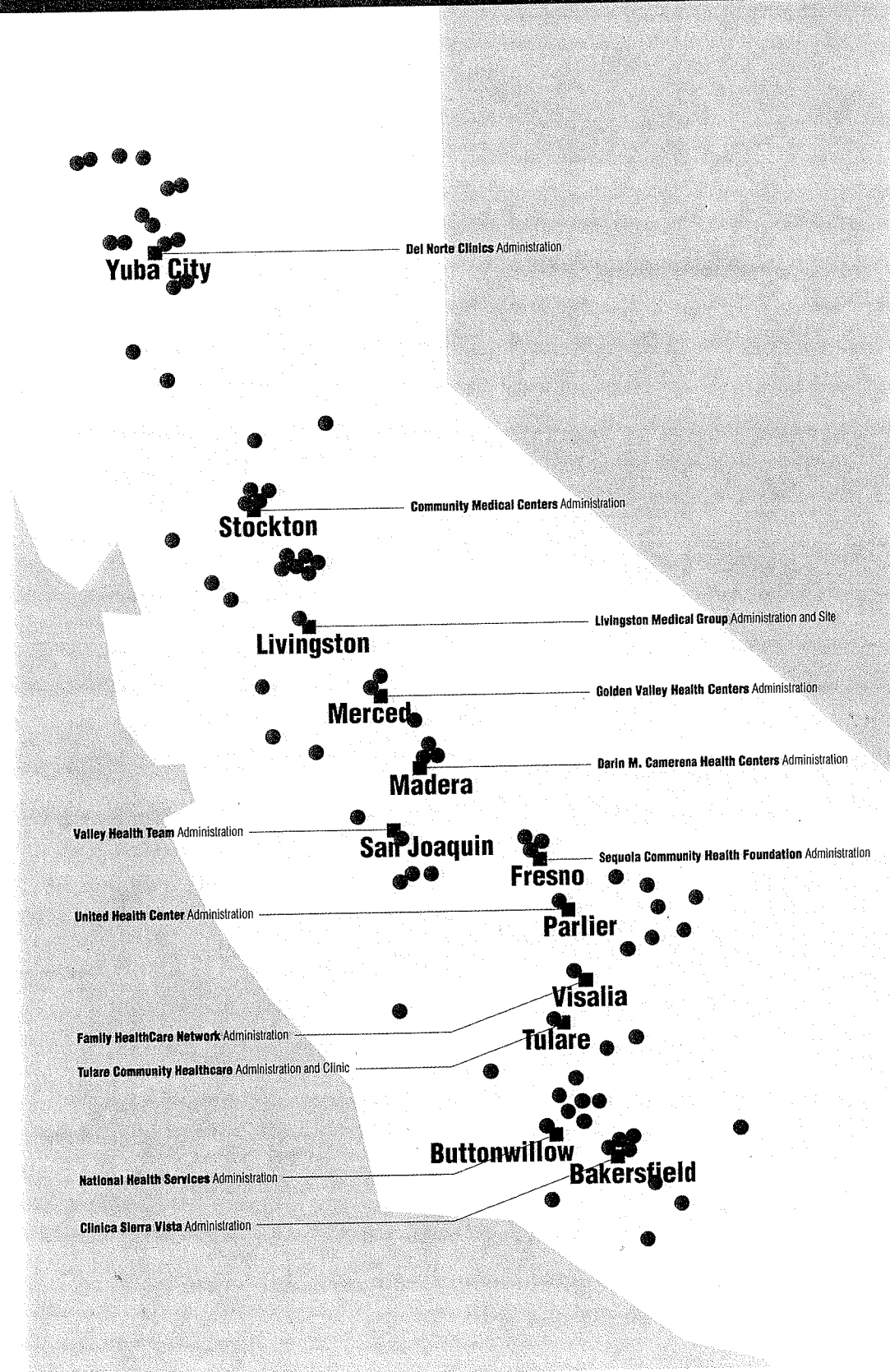
JEAN SOLIVEN, *Administrative Assistant*

*"We are most proud of a grant that we received in 1996 to remodel and add on to our clinic. This enabled us to expand and we now have 21 exam rooms downstairs with our administration upstairs. Because of the expansion, we now see a lot more people and increased from about 28,000 patients annually to more than 41,000 in 2000."*

AURORA GARCIA, CEO  
Livingston Medical Group

# Central Valley Health Network

Health Center Locations



Central Valley Health Network

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Sacramento, CA 95814  
916.552.2846 PH  
916.444.2424 FX  
[www.cvhnclinics.org](http://www.cvhnclinics.org)