

A Message

from Kerry



As we kick off a new year in 2015, what better way to close the chapter on 2014 than by honoring the accomplishments of our team members recognized through our Employee of the Month program. We celebrate each of their individual contributions in making 2014 a true success.

In 2014, we also recognized Dr. Kea Parker as FHCN's Employee of the Year. Dr. Parker's enthusiasm, positivity, and commitment to the well-being of her patients is an inspiration to us all. Through her work, Dr. Parker exemplifies our organization's continued goal to provide quality health care to everyone in the communities we serve. Please join me in congratulating Dr. Parker and each of the Employee of the Month recipients.

These are just a few examples of the stellar work each of you have contributed in the past year. We are fortunate to work with a team of individuals who are dedicated to the mission of FHCN. As we look forward to what is ahead in the coming year, I know the future in 2015 is very

bright.

Sincerely,

Kerry L. Hydash
President & CEO

ON THE MOVE

Capital Update News

Porterville Phase II Coming to a Close

A big thank you to all of the team members who assisted the organization in the ongoing completion of Phase II of the Porterville renovation. The finishes of Phase II are still being completed but areas are slowly coming together including exam rooms and team areas. Beautiful wood flooring has also been completed, providing a refreshed look for the 37 year old building.



WALK WITH A DOC IS BACK

You're invited to...
JUSTWALK
 a WALK with a
 DOC program

Time: **8-9 a.m.**

Location: Blain Park, 3101 S. Court St., Visalia, CA 93277

Date: Second Saturday of every month through December 2015

January 10th	May 9th	September 12th
February 14th	June 13th	October 10th
March 14th	July 11th	November 14th
April 11th	August 8th	December 12th

Who can attend: Everyone

Walking for as little as 30 minutes a day can reduce your risk of coronary heart disease, improve your blood pressure and blood sugar levels, elevate your mood, and reduce your risk of osteoporosis, cancer and diabetes.



Take a **STEP** toward
 better **HEALTH**

 walkwithadoc.org
 For more information: 559- 624-2416
1 American Heart Association, americanheart.org

Sponsored by      

Thank you to the following providers who have signed up to participate in the 2015 WWAD program:

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