Primary Care Since 1971

Lamprey Health Care is a community health center that provides high quality primary medical care and health related services, with an emphasis on prevention and lifestyle management, regardless of insurance status or ability to pay.

Our caring team of staff includes Board-Certified Family Physicians, OB/GYN, Nurse Practitioners, Physician Assistants, Registered Nurses and Medical Assistants, as well as specialists in Pediatrics, Women's Health, Behavioral Health, Oral Health and Nutrition.

An Exceptional Reputation

Lamprey Health Care has earned regional and national acclaim for outstanding health outcomes, community initiatives and innovative, efficient delivery of quality health care.



Come meet us today, and discover all the ways we make a difference in the health care of our patients.

Your Community Health Center

Lamprey Health Care has three centers conveniently located in Newmarket, Raymond and Nashua, and welcomes patients of all ages.

All three of our centers are recognized as Level III Patient Centered Medical Homes. This is the highest level possible through the National Committee for Quality Assurance and evidence of our commitment to provide the highest quality health care for you and your family.



Our Community Goals:

- ► Be a leader in providing access to medical and health services that improve the health of the individuals and families.
- Remove the barriers that prevent access to care by providing solutions such as transportation services, financial assistance and language interpretation.
- Provide and/or coordinate access to a full range of comprehensive services for our patients.
- Achieve the highest level of patient satisfaction through a personal and caring approach.

Primary Care for the Whole Family

Prenatal ■ OB/GYN ■ Pediatrics Adolescent ■ Adult ■ Elderly

Comprehensive Care, One Location

Our comprehensive services are provided on-site, so that all of our patients' health needs are met in one convenient location.

- ► OB/GYN and Women's Health
- ► Integrated Behavioral Health Services
- Diabetes Education and Management
- Asthma Education and Management
- ► Health Education and Outreach
- Social Services and Case Management
- Early Childhood Development Program
- ► Interpretation Services
- ► Medication Assistance Program
- Nutrition Education and Counseling
- ► STD/HIV Testing and Counseling

On-Site Resources

- Mammography
- Radiology
- Physical & Occupational Therapies Collaborative on-site services with both Exeter Hospital in Exeter, NH and Southern New Hampshire Medical Center in Nashua, NH.
- Laboratory Services
 Provided by Quest Diagnostics

Community Health Programs

- School-Based Dental Program
- ➤ Senior Transportation Services
- ► Reach Out and Read Early Literacy Program
- ► Breast and Cervical Cancer Screening Program
- ▶ Parenting Education Classes
- Southern NH Area Health Education Center
- Community Screenings and Clinics

Affordable Health Care

At Lamprey Health Care, we accept Medicaid, Medicare, and most private insurances.

We offer a variety of payment options, as well as financial assistance for people who don't have insurance.

Call us today and ask to speak with a Patient Advocate. We'll help you enroll in the program that works best for you.

Health Care Market Place

With the Affordable Care Act more people than ever before have been able to enroll in health insurance through the Health Care Market Place. You may even qualify for discounts based on your income.

For more information or assistance ask to speak with a Certified Application Counselor.

NH Health Protection Program

If you don't have insurance for your family, Medicaid offers full health coverage at low or no cost to you, for families of varying income levels.

To learn more about the Health Protection Program and how you can enroll, ask to speak with a Patient Advocate today.



Newmarket Center

207 South Main Street Newmarket, NH 03857 (603) 659-3106

Raymond Center

128 Route 27 Raymond, NH 03077 (603) 895-3351

Nashua Center

22 Prospect Street Nashua, NH 03060 (603) 883-1626

Appointments and After Hours Care

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