LAMPREY HEALTH CARE

Where Excellence and Caring go Hand in Hand

Lamprey Health Care is a community health care organization that provides high quality primary medical care and health related services, with an emphasis on prevention and lifestyle management, to all individuals regardless of ability to pay.

Primary Care for the Whole Family

▶ Prenatal & OBGYN

Our goal is to provide **you and your new family with comprehensive care**, so that all of your healthcare needs are met in one convenient location. Our team of pediatricians, physicians and nurses deliver excellent continuity of care for the entire family.

▶ Pediatrics & Adolescent

Healthy kids start with healthy families. From routine well-child visits and immunizations to family friendly office hours, we work to help children stay healthy as they grow.

▶ Adult & Elderly

We focus on the **health and wellbeing** of our patients and their families, ensuring preventative health and lifestyle management, so that everyone in your family stays healthy.

▶ Community Programs

Community health begins with community education. Our programs, such as senior transportation, nutritional cooking, parenting education, yoga, senior exercise classes, and our school-based dental program, promote healthy lifestyles while providing the tools and education to achieve healthy outcomes.

AFFORDABLE HEALTHCARE. ACCESS FOR ALL.

Newmarket Center	Raymond Center	Nashua Center
207 So. Main St., Newmarket, NH 03857	128 State Route 27, Raymond, NH 03077	10 Prospect St., #102, Nashua, NH 03060
603-659-3106	603-895-3351	603-883-1626

www.lampreyhealth.org